



## **FORM TR: TRAINER'S REPORT FOR DIPLOMA IN ADLERIAN COUNSELLING**

**The following criteria should be assessed by the key trainer and form the basis of the trainer's written evaluation of the applicant's theoretical and practical understanding of Adlerian Counselling.**

The student has demonstrated:

- a) An advanced understanding of core Adlerian concepts, including Family Constellation, Early Memories, Private Logic, Life Style, Goal-directed Behaviour and Social Interest.
- b) A basic understanding of some other psychological therapies, and ability to compare and contrast them with Individual Psychology.
- c) An understanding of the therapeutic relationship in relation to power balance and cross-cultural issues.
- d) An understanding of the Adlerian approach to psychopathology.
- e) A sound understanding of the theory and practice of the clinical setting, including boundary issues, contracting, assessment, referral, liaison with other agencies, and adherence to BACP's Ethical Framework.
- f) Knowledge of specific life issues relating to an Adlerian approach, including addictions and substance abuse, eating disorders, family relationships and parenting, couples relationships, bereavement and loss, and work-related issues.
- g) Awareness of creative approaches to counselling, including art, drama, imaging and metaphor.
- h) Personal development and reflective practice, and ability to receive constructive peer and tutor feedback (as demonstrated through personal journal and personal participation in training groups).
- i) Commitment to a minimum of 40 hours of personal counselling during the full training.
- j) Satisfactory completion of all written and practical assignments as required by the training course.
- k) Regular attendance during training as required, or has made up absences to the satisfaction of the trainer/moderator.

**1.0 APPLICANT**

1.1 Name: .....

1.2 Address: .....  
.....  
.....

1.3 Telephone No: ..... (day) ..... (evening)

1.4 Email: .....

**2.0 APPLICANT'S COUNSELLING QUALIFICATIONS**

*(The applicant needs to have already gained the **Advanced Certificate in Adlerian Counselling** or equivalent.)*

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**3.0 TRAINER**

3.1 Name: .....

3.2 Address: .....  
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3.3 Telephone No: ..... (day) ..... (evening)

3.4 Email: .....

**4.0 TRAINING COURSE**

4.1 *Hours of training contact:* .....

4.2 *Details of training undertaken:*

*a) Are you the applicant's key tutor? YES/NO*

*b) How long have you monitored the applicant's work? .....*

*c) How many training hours has the applicant attended? .....*

**5.0 TRAINER’S QUALIFICATIONS AND EXPERIENCE**

*Please give qualifications and dates awarded:*

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**6.0 TRAINER’S EVALUATION of the Applicant’s understanding of the Adlerian Theory, Practice, and Personal Development**

*Please attach 1-2 sides of a sheet of A4 paper stating your evaluation of the present standard of the applicant’s counselling, bearing in mind the criteria on page 1. This evaluation should be typed not handwritten – thank you.*

**NB: Please do not use the applicant’s name in your report, to ensure anonymity for the assessors.**

***I confirm that to the best of my knowledge the details on this form are correct.***

Trainer’s Signature: ..... Date: .....

Applicant’s Signature: ..... Date: .....