



FORM SRA: SUPERVISOR'S REPORT FOR ACCREDITATION AS AN ADLERIAN COUNSELLOR

The following areas should be assessed by the supervisor and form the basis of the supervisor's written evaluation of the applicant's counselling:

- a) *Assessment and Planning*: including understanding the client's private logic, isolating the long-term goal, setting a goal, making a counselling contract.
- b) *Counselling Relationship*: including establishing and maintaining an appropriate and effective counselling relationship.
- c) *Strategies and Interventions*: including use of *Adlerian* techniques such as Life Style and willingness to confront, and the use of self as a monitor.
- d) *Parallel Process and Biased Apperception (Transference and Countertransference)*: including awareness of their part in the counselling dynamic and awareness of how to use self as monitor.
- e) *Ethics and Practice*: including setting and maintaining boundaries, awareness of their own ethical deliberations, criteria for possible referral and willingness to refer on.
- f) Applicant's main strengths and awareness of their present limitations in counselling skills, and supervisor's recommendations for future personal and professional development.

1.0 APPLICANT

1.1 Name:

1.2 Address:

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1.3 Telephone No: (day) (evening)

1.4 Email:

2.0 APPLICANT'S COUNSELLING QUALIFICATIONS

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3.0 SUPERVISOR

Name:

Address:

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Telephone No: (day) (evening)

Email:

4.0 SUPERVISOR'S QUALIFICATIONS AND EXPERIENCE

If you have been in supervision with your current supervisor for less than 6 months, the Report should come from your previous supervisor and your case study must be based on work that your previous supervisor can assess.

Please give qualifications, dates awarded and brief description of current practice:

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5.0 DETAILS OF SUPERVISION

5.1 *Are you the applicant's regular or assessing supervisor?* REGULAR / ASSESSING

5.2 *If you are the regular supervisor, for how long have you supervised the applicant's work?*

Dates: From to

5.3 *If you are the regular supervisor, do you provide individual and/or group supervision?*

INDIVIDUAL / GROUP / BOTH

5.4 *If you are the regular supervisor, how frequent and how long are the supervision sessions?*

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6.0 SUPERVISOR'S EVALUATION OF THE APPLICANT'S COUNSELLING

Please attach 1-2 sides of a sheet of A4 paper stating your evaluation of the present standard of the applicant's counselling bearing in mind the Guidelines on page 1.

NB: Please do not use the applicant's name in your report to ensure anonymity for the assessors (except if using this form for an application for **Re-Accreditation** as an Adlerian Counsellor).

I confirm that to the best of my knowledge the details on the applicant's form are correct.

I have read the BACP definition of counselling and the BACP Ethical Framework and undertake to abide by them.

Supervisor's Signature: Date:

Applicant's Signature: Date: