



FORM ASR: ASSESSING SUPERVISOR'S REPORT FOR DIPLOMA IN ADLERIAN COUNSELLING

The following areas should be assessed by the supervisor and form the basis of the assessing supervisor's written evaluation of the applicant's counselling:

- a) *Assessment and Planning*: including understanding the client's private logic, isolating the long-term goal, setting a goal, making a counselling contract.
- b) *Counselling Relationship*: including establishing and maintaining an appropriate and effective counselling relationship, and power balance and cross-cultural issues.
- c) *Strategies and Interventions*: including use of *Adlerian* techniques such as Life Style and willingness to confront, and the use of self as a monitor.
- d) *Parallel Process and Biased Apperception (Transference and Countertransference)*: including awareness of their part in the counselling dynamic and awareness of how to use self as monitor.
- e) *Ethics and Practice*: including setting and maintaining boundaries, awareness of their own ethical deliberations, criteria for possible referral and willingness to refer on, and adherence to BACP's Ethical Framework.
- f) Applicant's main strengths and awareness of their present limitations in counselling skills, and supervisor's recommendations for future personal and professional development.

1.0 APPLICANT

1.1 Name:

1.2 Address:

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1.3 Telephone No: (day) (evening)

1.4 Email:

2.0 APPLICANT'S COUNSELLING QUALIFICATIONS

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3.0 ASSESSING SUPERVISOR

Name:

Address:

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Telephone No: (day) (evening)

Email:

4.0 ASSESSING SUPERVISOR'S QUALIFICATIONS AND EXPERIENCE

Please give qualifications, dates awarded and brief description of current practice:

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4.1 Are you an Accredited Adlerian Counsellor or an Adlerian Supervisor? YES/NO

4.2 Please state what action you would take to protect clients if the standard of work was at any time poor:

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5.0 ASSESSING SUPERVISOR’S EVALUATION OF THE APPLICANT’S COUNSELLING

Date of 2-hour assessment:

Please attach 1-2 sides of a sheet of A4 paper stating your evaluation of the present standard of the applicant’s counselling bearing in mind the Guidelines on page 1. (This statement should be typed not handwritten – thank you.)

NB: Please do not use the applicant’s name in your report to ensure anonymity for the assessors (except if using this form for an application for Re-Accreditation as an Adlerian Counsellor).

I confirm that to the best of my knowledge the details on the applicant’s form are correct.

I have read the BACP definition of counselling and the BACP Ethical Framework and undertake to abide by them.

Assessing Supervisor’s Signature: Date:

Applicant’s Signature: Date: