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**FORM RSR:** REGULAR SUPERVISOR'S REPORT FOR DIPLOMA IN **ADLERIAN** COUNSELLING

**The following areas should be assessed by the supervisor and form the basis of the regular supervisor's written evaluation of the applicant's counselling:**

- a) *Assessment and Planning:* including understanding the client's private logic, isolating the long-term goal, setting a goal, making a counselling contract.
- b) *Counselling Relationship:* including establishing and maintaining an appropriate and effective counselling relationship.
- c) *Strategies and Interventions:* including use of *Adlerian* techniques such as Life Style and willingness to confront, and the use of self as a monitor.
- d) *Parallel Process and Biased Apperception (Transference and Countertransference):* including awareness of their part in the counselling dynamic and awareness of how to use self as monitor.
- e) *Ethics and Practice:* including setting and maintaining boundaries, awareness of their own ethical deliberations, criteria for possible referral and willingness to refer on.
- f) Applicant's main strengths and awareness of their present limitations in counselling skills, and supervisor's recommendations for future personal and professional development.

**1.0 APPLICANT**

1.1 Name: .....

1.2 Address: .....

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.....

1.3 Telephone No: ..... (day) ..... (evening)

1.4 Email: .....

**2.0 APPLICANT’S COUNSELLING QUALIFICATIONS**

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**3.0 REGULAR SUPERVISOR**

Name: .....

Address: .....

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Telephone No: ..... (day) ..... (evening)

Email: .....

**4.0 REGULAR SUPERVISOR’S QUALIFICATIONS AND EXPERIENCE**

*If you have been in supervision with your current supervisor for less than 6 months, the Report should come from your previous supervisor and your case study must be based on work that your previous supervisor can assess.*

*Please give qualifications, dates awarded and brief description of current practice:*

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4.1 Are you an Accredited Adlerian Counsellor or an Adlerian Supervisor? YES/NO

*If not, please state how the Adlerian approach has been brought into the supervision process:*



**5.0 DETAILS OF SUPERVISION**

5.1 *Are you the applicant’s regular or assessing supervisor?*  
REGULAR / ASSESSING

5.2 *As the applicant’s regular supervisor, for how long have you supervised the applicant’s work?*

*Dates: From ..... To .....*

5.3 *As the applicant’s regular supervisor, do you provide individual and/or group supervision?*

INDIVIDUAL / GROUP / BOTH

5.4 *As the applicant’s regular supervisor, how frequent and how long are the supervision sessions?*

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**6.0 REGULAR SUPERVISOR’S EVALUATION OF THE APPLICANT’S COUNSELLING**

*Please attach 1-2 sides of a sheet of A4 paper stating your evaluation of the present standard of the applicant’s counselling bearing in mind the Guidelines on page 1. This statement should be typed not handwritten – thank you.*

**NB: Please do not use the applicant’s name in your report to ensure anonymity for the assessors** (except if using this form for an application for Re-Accreditation as an Adlerian Counsellor).

***I confirm that to the best of my knowledge the details on the applicant’s form are correct.***

***I have read the BACP definition of counselling and the BACP Ethical Framework and undertake to abide by them.***

Regular Supervisor’s Signature:..... Date: .....

Applicant’s Signature: ..... Date: .....